EAST DEERING: PATHWAYS TO BRIDGE THE GAP PROJECT

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ATTACHMENT A

Map of Project Components

East Deering: Pathways to Bridge the Gap Project

Maine Department of Transportation

U.S. Department of Transportation (USDOT) FY 2024 Rebuilding American Infrastructure with Sustainability and Equity (RAISE) Grant Program February 2024

Attachment A: Project Components



ATTACHMENT B

Detailed Statement of Work

STATEMENT OF WORK

Maine Department of Transportation East Deering: Pathways to Bridge the Gap Project

FY 2024 Rebuilding American Infrastructure with Sustainability and Equity (RAISE)

I. BACKGROUND

The *East Deering: Pathways to Bridge the Gap Project* ("Project") calls for constructing new and improving existing active transportation and roadway infrastructure in the East Deering neighborhood of Portland, Maine. Maine Department of Transportation (MaineDOT) and the City of Portland (City) advocate for, and invest extensively in, improved active transportation access throughout the city.

Improvements will strengthen bicycle and pedestrian connections and multimodal roadway safety to promote active transportation in a Historically Disadvantaged Community and Area of Persistent Poverty. Project tasks specifically include constructing a shared-use pathway bridge, improving and extending shared-use pathways, retrofitting and/or reconfiguring existing streets and intersections to include bicycle lanes and upgraded crosswalks, modifying an interstate off-ramp, and stabilizing shoreline near project components.

The work encompasses eight components:

- 1. *New Shared-Use Bridge*: Paralleling Tukey's Bridge (east side) from East Deering to East Bayside
- 2. Back Cove Trail Improvements: At Tukey's Bridge approaches/Shared-Use Bridge
 - Connecting existing pathway to new shared-use bridge under north end of Tukey's Bridge
 - Widening, repaving, and lighting north and south approaches to Tukey's Bridge
- 3. *New Coastal Pathway*: From new Back Cove Trail connections/shared-use bridge to shoreline surrounding graduate campus
- 4. *Shoreline Stabilization*: Around coastal pathway and connected public access space surrounding graduate campus
- 5. *Multimodal Use Improvements Sherwood St*: Sherwood Street from Veranda Street to Bean Pot Drive
- 6. Safety and Accessibility Intersection Improvements (Baxter Blvd./Bates St.): At intersection of Baxter Boulevard–Bates Street–Exit 9
- 7. *Complete Street Retrofitting*: Washington Avenue from Presumpscot Street to Veranda Street/Bates Street
- 8. Exit 8 Ramp Modification: Existing Exit 8 connection to Sherwood Street

All necessary planning and preliminary design will be completed by January 2026. National Environmental Policy Act (NEPA) requirements will be completed by June 2027.

II. OBJECTIVE

The Project advances the goals of the region's long-range transportation plan by creating safer, more accessible transportation options in an underserved area of the region and will connect the broader Portland community to a future graduate education campus in the neighborhood. The Project, primarily located in a Historically Disadvantaged Community and Area of Persistent Poverty, facilitates more environmentally minded transportation through its shared-use pathway improvements; street, intersection, and crossing modifications; and congestion-mitigation design.

The Project creates safer streets and pathways through design elements that consider multiple modes, allowing different types of transportation to safely coexist and navigate to points of interest more efficiently than they do today. Project improvements encourage safer speeds, permit increased throughput, provide more direct access, and reduce emissions in the East Deering neighborhood.

Project elements, when measured together, reduce the reliance on an automobile. Improvements will better connect residents to current and future points of interest and public transportation options. The Project creates a more sustainable community by reducing the requirement of a vehicle to travel around the city to meet basic needs. Improved pathways and bicycle lanes offer active transportation options that are good for the environment and personal health. The Project includes construction of a shared-use pathway bridge for bicyclists and pedestrians and vehicular exit ramp extension to further reduce vehicle miles in the community. Project work includes shoreline stabilization to mitigate effects of climate change-related flooding.

III. PROJECT LOCATION

Portland is Maine's most populated city and is experiencing population growth. Both Portland and Cumberland County's populations grew between 2010 and 2020 Census count—3.3 percent and 7.6 percent, respectively. The city is the region's commercial, workforce, and residential center—home to employment, education, housing, healthcare, dining, and tourism.

The Project area, in the East Deering neighborhood, is 1.5 miles north of Downtown Portland. Accessing East Deering from the Downtown peninsula involves crossing the mouth of Back Cove via Tukey's Bridge which carries both I-295 and the Back Cove Trail system.

The Project spans three Census Tracts—23, 5, and 1. Tracts 23 and 5 are designated Areas of Persistent Poverty and Historically Disadvantaged Communities. Tract 5 is a Transportation Disadvantaged Tract because it experiences high transportation burdens. Most Project components are located in Tract 23, but bridge-related construction and improvements that span Back Cove fall within Tracts 5 and 1. The City of Portland and the East Deering neighborhood are part of a 2020 Census-Designated Urban Area with a total population of 203,914.

Six miles southwest of the Project area, I-295 splits from I-95 and traverses greater Portland. I-295 passes through and borders portions of East Deering, disconnecting a section of the neighborhood. Residential and commercial areas, the coastline and its scenic trails, as well as the future graduate campus will continue to be disconnected without Project implementation.

IV. DESCRIPTION OF WORK

<u>1. New Shared-Use Bridge</u>

Component Scope of Work

a) General Component Description

Project engineers propose a new bicycle and pedestrian bridge to be located parallel to the east side of Tukey's Bridge (I-295) connecting the East Deering path system and coastal pathway at the Roux Institute campus to the Eastern Promenade Trail to address the bicycle and pedestrian congestion that occurs on the existing shared use path on the west side of Tukey's Bridge (I-295). The bridge is proposed to be 824 feet in length and 16 feet in width (12 feet of effective path width) and will better connect East Deering and the Roux Institute to the Portland Peninsula.

b) Component Activities

This component will consist of the following activities:

i. **Pre-Construction Activities:**

- a. Right-of-Way Determination
- b. Preliminary Engineering preliminary and final design
- c. Utility coordination coordinating with the private utility companies within the project limits about relocations and protection during construction

ii. Construction and Demolition Activities:

- a. Construction Engineering Maine Department of Transportation oversight of construction activities to include traffic control site safety, conformance to plans & design standards, inspection & quality control, and regulatory compliance.
- b. Mobilization Contractor procurement and distribution of project specific materials, equipment, and labor force
- c. Multimodal Trail/Bridge New ADA accessible paths, drainage, grading, paving, striping, and signage installation

2. Back Cove Trail Improvements

Component Scope of Work

a) General Component Description

Project engineers propose a new shared use path connection between the Back Cove Trail and the new shared-use pathway bridge/Roux Institute property access to provide additional bicycle and pedestrian connectivity in and to the neighborhood. This connection will occur under the north end of Tukey's Bridge adjacent to the bridge abutment and complete the connections to integrate the campus, new coastal pathway, and existing trail networks.

To address limitations in the existing Tukey's Bridge shared use path accommodation, the existing approach pathways from the Back Cove Trail at each end will be widened and rehabilitated to provide a consistent 10' wide shared-use path along the entire existing alignment.

b) Component Activities

This component will consist of the following activities:

i. **Pre-Construction Activities:**

a. Right-of-Way Determination

- b. Preliminary Engineering preliminary and final design
- c. Utility coordination coordinating with the private utility companies within the project limits about relocations and protection during construction

ii. Construction and Demolition Activities:

- a. Construction Engineering Maine Department of Transportation oversight of construction activities to include traffic control site safety, conformance to plans & design standards, inspection & quality control, and regulatory compliance.
- b. Mobilization Contractor procurement and distribution of project specific materials, equipment, and labor force.
- c. Maintenance of traffic
- d. Pathway ADA accessible pathway, drainage, grading, paving, striping, and signage installation

3. New Coastal Pathway

Component Scope of Work

a) General Component Description

Project engineers propose a new shared-use pathway that provides access to a public-access shoreline at the Roux Institute campus. The shared-use pathway connects to the roadway network, proposed Back Cove Trail extension, and the proposed shared-use pathway bridge.

b) Component Activities

This component will consist of the following activities:

i. **Pre-Construction Activities:**

- a. Right-of-Way Determination
- b. Preliminary Engineering preliminary and final design
- c. Utility coordination coordinating with the Public and private utility companies within the project limits about relocations and protection during construction

ii. Construction and Demolition Activities:

- a. Construction Engineering Maine Department of Transportation oversight of construction activities to include traffic control site safety, conformance to plans & design standards, inspection & quality control, and regulatory compliance
- b. Mobilization Contractor procurement and distribution of project specific materials, equipment, and labor force
- c. Maintenance of traffic
- d. Pathway New ADA accessible path, drainage, grading, paving, striping, and sign installations

4. Shoreline Stabilization

Component Scope of Work

a) General Component Description

Project engineers propose hardening the coastal shoreline along the campus edge to protect the proposed coastal pathway infrastructure from erosion.

b) Component Activities

This component will consist of the following activities:

i. **Pre-Construction Activities:**

- a. Right-of-Way Determination
- b. Preliminary Engineering preliminary and final design
- c. Utility coordination coordinating with the Public and private utility companies within the project limits about relocations and protection during construction

ii. Construction and Demolition Activities:

- a. Construction Engineering Maine Department of Transportation oversight of construction activities to include site safety, conformance to plans & design standards, inspection & quality control, and regulatory compliance
- b. Mobilization Contractor procurement and distribution of project specific materials, equipment, and labor force
- c. Maintenance of traffic
- d. Removal of materials

5. Multimodal Use Improvements (Sherwood St)

Component Scope of Work

a) General Component Description

Project engineers propose modifications to the design of Sherwood Street to improve the bicycle and pedestrian accommodations. The improvements would include a shared-use path on the north side of Sherwood Street extending from Veranda Street and connecting to the Roux Institute site (Bean Pot Drive). Similarly, on the south side of the street, a sidewalk would be constructed to provide additional connectivity between the Roux Institute and the transit, residential, and commercial destinations accessible from Veranda Street.

b) Component Activities

This component will consist of the following activities:

i. **Pre-Construction Activities:**

- a. Right-of-Way Determination
- b. Preliminary Engineering preliminary and final design
- c. Utility coordination coordinating with the Public and private utility companies within the project limits about relocations and protection during construction

ii. Construction and Demolition Activities:

- a. Construction Engineering Maine Department of Transportation oversight of construction activities to include site safety, conformance to plans & design standards, inspection & quality control, and regulatory compliance
- b. Mobilization Contractor procurement and distribution of project specific materials, equipment, and labor force
- c. Maintenance of traffic
- d. Roadway New ADA accessible sidewalks, striping, and signage installation

6. Safety and Accessibility Intersection Improvements (Baxter Blvd./Bates St.)

Component Scope of Work

a) General Component Description

Project engineers propose modifications at this intersection to improve bicycle and pedestrian accommodation while continuing to accommodate the vehicular demand, but at lower speeds. To do so, the free, separated right turn accommodation from the I-295 southbound off ramp to Bates Street and the separated right turn accommodation from Bates onto Baxter Boulevard would be removed. These turns would be accommodated via a single point T-intersection. The improvements would also include sidewalks, crosswalks, and bicycle lanes.

b) Component Activities

This component will consist of the following activities:

i. **Pre-Construction Activities:**

- a. Right-of-Way Determination
- b. Preliminary Engineering preliminary and final design
- c. Utility coordination coordinating with the Public and private utility companies within the project limits about relocations and protection during construction

ii. Construction and Demolition Activities:

- a. Construction Engineering Maine Department of Transportation oversight of construction activities to include site safety, conformance to plans & design standards, inspection & quality control, and regulatory compliance
- b. Mobilization Contractor procurement and distribution of project specific materials, equipment, and labor force
- c. Maintenance of traffic
- d. Roadway ADA accessible sidewalks, striping, speed humps, traffic signals, and signage installation

7. Complete Street Retrofitting (Washington Ave.)

Component Scope of Work

a) General Component Description

Project engineers propose improvements on Washington Avenue that are consistent with a Safe Streets and Roads For All pilot project. The imporvements would provide buffered bicycle lanes on both sides of Washington Avenue between Presumpscot Street and Veranda Street while reducing vehicular traffic to one southbound through lane along Washington Street in this segment.

b) Component Activities

This component will consist of the following activities:

i. **Pre-Construction Activities:**

- a. Right-of-Way Determination
- b. Preliminary Engineering preliminary and final design
- c. Utility coordination coordinating with the Public and private utility companies within the project limits about relocations and protection during construction

ii. Construction and Demolition Activities:

- a. Construction Engineering Maine Department of Transportation oversight of construction activities to include site safety, conformance to plans & design standards, inspection & quality control, and regulatory compliance
- b. Mobilization Contractor procurement and distribution of project specific materials, equipment, and labor force
- c. Maintenance of traffic
- d. Roadway Striping and signage installation

8. Exit 8 Ramp Modification

Component Scope of Work

a) General Component Description

Project engineers propose the addition of a new off ramp from the existing northbound off ramp at Exit 8 leading directly to Sherwood Street adjacent to the Roux Institute at Northeastern site. This addition removes a portion of the Roux and non-Roux northbound off ramp traffic from having to pass through the congested Washington Avenue at Veranda Street intersection at the existing interchange terminus.

b) Component Activities – This component will consist of the following activities:

i. **Pre-Construction Activities:**

- a. Right-of-Way Determination
- b. Preliminary Engineering preliminary and final design
- c. Utility coordination coordinating with the Public and private utility companies within the project limits about relocations and protection during construction
- d. FHWA Coordination coordination with FHWA on the change of access to the existing Exit off ramp and interstate.

ii. Construction and Demolition Activities:

- a. Construction Engineering Maine Department of Transportation oversight of construction activities to include site safety, conformance to plans & design standards, inspection & quality control, and regulatory compliance
- b. Mobilization Contractor procurement and distribution of project specific materials, equipment, and labor force
- c. Maintenance of traffic
- d. Roadway -Striping and signage installation

Conceptual Drawings, Sections, Cross Sections for individual Project components

C.1	Shared-use Bridge Conceptual Drawing
C.2	Back Cove Trail Improvements and Extension Conceptual Drawing
C.3	Coastal Pathway Improvements Concept
C.4	Shoreline Stabilization Improvements Sections
C.5	Sherwood Street Improvements Conceptual Drawing
C.6	Baxter Boulevard-Bates Street-Exit 9 Improvements Conceptual Drawing
C.7	Washington Avenue Complete Streets Retrofitting Conceptual Drawing and Cross Section
C.8	Exit 8 Ramp Modification Conceptual Drawing

Note: All attachments are conceptual and are not to be considered the final design.

Shared-use Bridge Conceptual Drawing



Date:1/29/2024

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Back Cove Trail Improvements and Extension Conceptual Drawing



Coastal Pathway Improvements Concept





Coastal Pathway access to pier.

Coastal Pathway access to public-access campus beach.

Coastal Pathway access to shoreline.

Shoreline Stabilization Improvements Sections

Sherwood Street Improvements Conceptual Drawing

Date:1/26/202

Sta. 211+85.47 to Sta. 212+55.00

Date:1/25/2024

Baxter Boulevard–Bates Street–Exit 9 Improvements Conceptual Drawing

Washington Avenue Complete Streets Retrofitting Conceptual Drawing and Cross Section

Washington Avenue Cross Section Concept

Exit 8 Ramp Modification Conceptual Drawing

Exit 8 Ramp Modification

Concept

